

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September	1 11:00 Morning Exercise Mobile Library 12:30 Card Games 1:30 BINGO 3:00 Music Therapy	2 11:00 Morning Exercise Bible Study w/ Richard 12:30 Board Games 1:30 Nail Care Karaoke 3:00 Movie of The Day	3 11:00 Morning Exercise Activity Council 12:30 Jenga 1:30 Arts N Crafts Nail Care 3:00 Movie of The Day	4 11:00 Soul Train Hour 12:30 Card Games 1:30 Birthday Party 3:00 Movie of The Day
7 -STLC CLOSED- HAPPY LABOR DAY	8 11:00 Morning Exercise Golden Girls 12:30 Connect 4 1:30 Corn Hole Puzzles 3:00 Music Therapy	9 11:00 Morning Exercise Bible Study w/ Richard 12:30 Table Games 1:30 Nail Care Karaoke 3:00 Movie of The Day	10 11:00 Morning Exercise Men's Group 12:30 Crossword Puzzles 1:30 Nail Care Smartphone 101 3:00 Music Therapy	11 11:00 Soul Train Hour 12:30 Word Searches 1:30 POKENO 3:00 Movie of The Day
14 Sports Attire Day- Wear your Favorite Teams Jersey / Shirt 11:00 Morning Exercise Peaceful Postures 12:30 Puzzles 1:30 Nail Care Paper Run Pet Therapy w Carol & Lexi 3:00 Movie of the Day	15 Color Wars 11:00 Morning Exercise Library Outreach 12:30 Jenga 1:30 Prom Jewelry Making Jeopardy ADHC Education 3:00 Music Therapy	16 Luau Day 11:00 Morning Exercise Bible Study w/ Richard 12:30 Card Games 1:30 Karaoke Nail Care 3:00 Movie of The Day	17 Decades Day- Pick a Decade and Dress Up! 11:00 Morning Exercise 12:30 Table Games 1:00 ADHC Education 1:30 Sip N Paint Nail care 3:00 Music Therapy	18 Elegant Dress Day- Wear Something Elegant! 11:00 Soul Train Hour 1:30 PACE Elegant Party 3:00 Movie of The Day
21 11:00 Morning Exercise Peaceful Postures Bible Study w/ Pat 12:30 Connect 4 1:30 Nail Care Arts N Crafts 3:00 Movie of The Day	22 First Day of Autumn 11:00 Morning Exercise Mobile Library 12:30 Board Games 1:30 POKENO 3:00 Music Therapy	23 11:00 Morning Exercise Bible Study w/ Richard 12:30 Puzzles 1:30 Nail Care Karaoke 3:00 Movie of The Day	24 11:00 Morning Exercise 12:30 Card Games 1:30 Williams Family 3:00 Music Therapy	25 11:00 Soul Train Hour 12:30 Jenga 1:30 BINGO 3:00 Movie of The Day
28 11:00 Morning Exercise Peaceful Postures 12:30 Crossword Puzzles 1:30 Nail Care Puzzles Words In a Word 3:00 Music Therapy	29 National Coffee Day 11:00 Morning Exercise Diamond Club 12:30 Word Searches 1:30 POKENO 3:00 Music Therapy	30 11:00 Morning Exercise Bible Study w/ Richard 12:30 Card Games 1:30 Nail Care Karaoke 3:00 Music Therapy	Survey Of Satisfaction	HISPANIC HERITAGE Month

** activities subject to change

Our Activities are designed with purpose, supporting the following areas of wellness:

- Physical
- Social
- Cognitive
- Emotional
- Environmental
- Spiritual
- Multi-Cultural
- Occupational

